

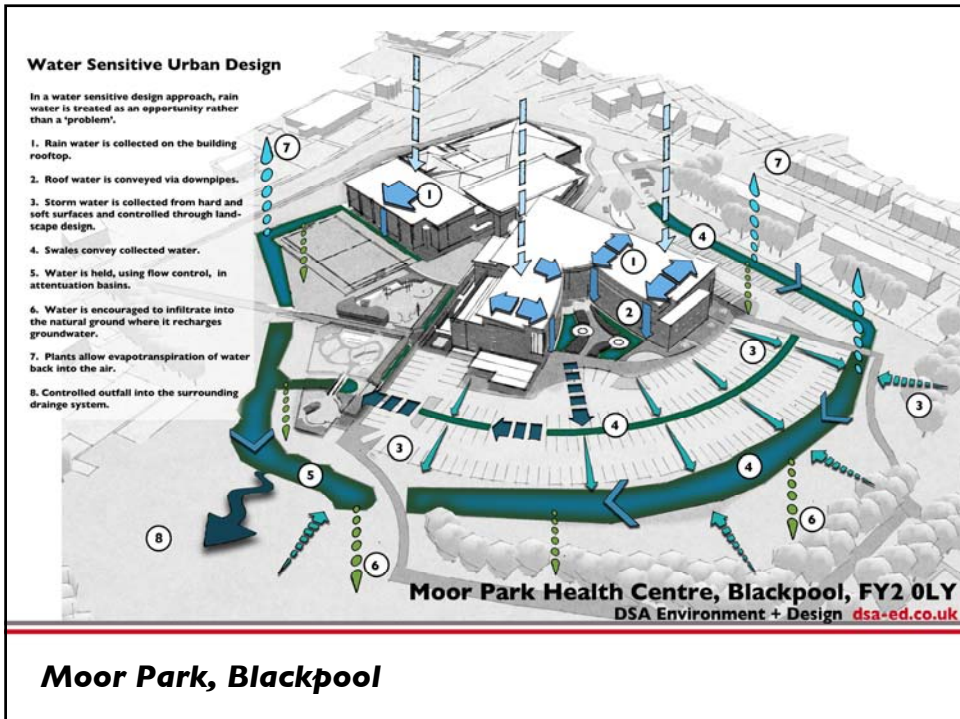
**Black Duck Creek, Kotara, NSW** (Newcastle Council)



**Holman Pocket Park, Portland, Oregon** (City of Portland)



**Clay Street, Portland, Oregon** (City of Portland)





**Moor Park, Blackpool**



**Moor Park, Blackpool**

# 3 TAKE NOTICE

"Take notice of the world around you. Noticing the simple things whilst going about your daily routine, such as a change in season or a piece of artwork and savouring the moment will help put things in perspective and allow you to be more appreciative."

Never underestimate the power of beauty. Places that stimulate the senses, sight, touch, smell, sound and even taste encourage people to interact more meaningfully with where they are.


**Alcester Medical Centre**

## Welcome to the Alcester Rain Gardens


A rain garden captures rain from roof tops, driveways and pavements and allows it to be absorbed in a natural way. Rain gardens are a key practice for creating landscapes that hold water rather than generating runoff that can cause water quality problems and contribute to flooding.

There are three rain gardens at Alcester, this is the...


### Southern Rain Garden



Marsh woundwort belongs to the mint family. Crush the leaves of this plant; it has a distinctive powerful smell. In traditional medicine the leaves were used to make a poultice to treat injuries - hence the name. Woundwort is especially good at attracting bees.



Lavender is cultivated in southern Europe and elsewhere. The scent has been prized for thousands of years. Lavender in flower attracts lots of bees and other insects.



Rosemary makes a good low hedge. Its name is derived from the Latin 'dew of the sea' because it can survive in very dry conditions where the only moisture available is the humidity from a sea breeze. The plant is widely used in cooking as a flavouring and is said to improve memory.

see if you can find some of these creatures that we are trying to encourage...

**toad**


Common toads will wander as far as 1km from their breeding ponds. They can live for up to 40 years but most live for 8 or 7. Toads are more terrestrial than frogs and scurry rather than leap.

**water spiders**

All spiders are air breathers, but the water spider has a remarkable trick: it builds a 'diving bell' by trapping air in a web spun amongst pond plants.

**pied wagtail**

The pied is the commonest British wagtail and frequently seen near fresh water. They repeatedly wag their tail up and down, making them easy to recognise.



for more information see [www.susdrain.org](http://www.susdrain.org) or contact DSA at [post@dsa-ed.co.uk](mailto:post@dsa-ed.co.uk)

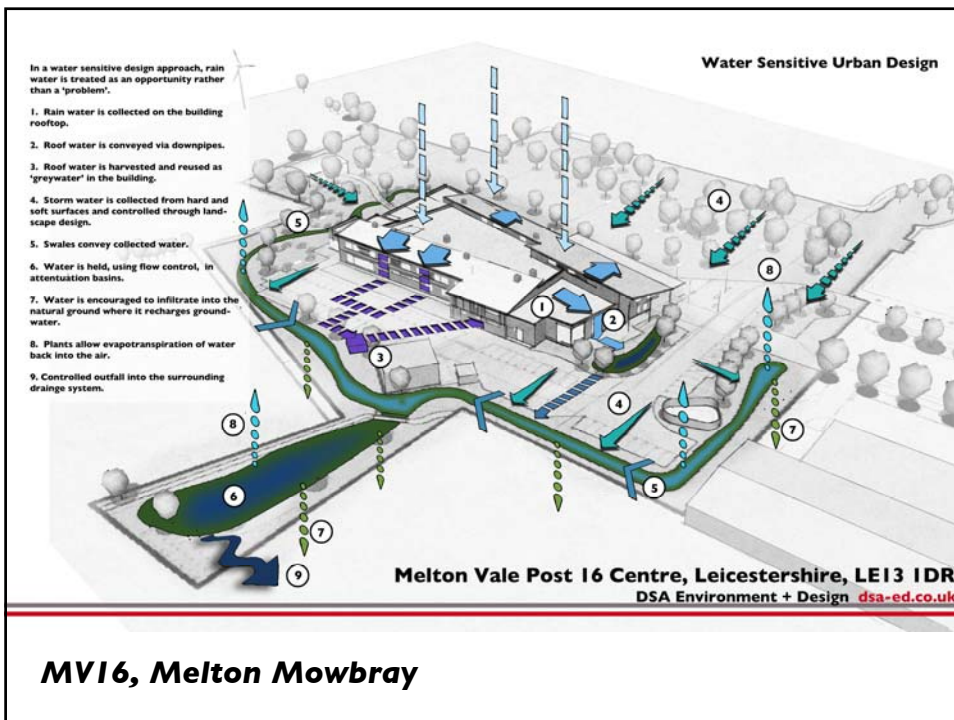
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***MVI6, Melton Mowbray***



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**Being Aware: Water**

David Singleton  
dsa-ed.co.uk